



**RYE Y's NEW NURSERY SCHOOL GRAND OPENING SPECIAL**



Register now for Fall 2023 and receive first month FREE!

**CARDBOARD BOAT REGATTA**  
Friday, May 19 - 6-9pm

Families are challenged to design, create and race a human-powered boat made entirely of cardboard and duct tape. Register now at [ryeymca.org](http://ryeymca.org)



**FIRST FAMILY FRIDAY**

Friday, May 5, 6:30-7:30pm  
**May the Force Be With You**

Join us for an evening activity with themed crafts, activities, snacks and fun. Family: FREE; Youth: \$16; Non-Member: \$30 (per family)

**FAMILY NERF NIGHT**

Friday, May 12 6:30-7:30pm

Join us for active family fun! Family: \$25; Youth: \$30; Non-Member: \$35 (per family)

**PARENTS NIGHT OUT**

May 19, 6:30-9:00pm

Enjoy a night out while we provide a light dinner and fun activities in a safe environment! Registration is required.

Ages 1-5: Storybook Activity: I love Mommy - Register

Ages 6 and up: Going on a Safari Register

Family: \$35/child; Youth: \$47/child; Non-Member: \$65/child (per event)

**FAMILY KICKBOXING**

May 18, 3:45-4:30pm

Free to Members ages 5 and up with a parent/guardian

**RYE Y FAMILY TIME: MAY 2023 CALENDAR**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> Family Swim	<b>2</b> Family Swim	<b>3</b> Family Swim	<b>4</b> Family Swim	<b>5</b> Family Swim <b>First Family Friday</b>	<b>6</b> Family Swim Family SoftPlay Family BBall
<b>7</b> Family Swim Family SoftPlay	<b>8</b> Family Swim	<b>9</b> Family Swim	<b>10</b> Family Swim	<b>11</b> Family Swim	<b>12</b> Family Swim Family BBall <b>Family Nerf Night</b>	<b>13</b> Family Swim Family SoftPlay Family BBall
<b>14</b> Family Swim Family SoftPlay	<b>15</b> Family Swim	<b>16</b> Family Swim	<b>17</b> Family Swim	<b>18</b> Family Swim <b>Family Kickboxing</b>	<b>19</b> Family Swim Family BBall <b>Cardboard Boat Regatta</b> <b>Parents Night Out</b>	<b>20</b> Family Swim Family SoftPlay Family BBall
<b>21</b> Family Swim Family SoftPlay	<b>22</b> Family Swim	<b>23</b> Family Swim	<b>24</b> Family Swim	<b>25</b> Family Swim	<b>26</b> Family Swim Family BBall	<b>27</b> Family Swim Family SoftPlay Family BBall <b>No Youth classes</b>
<b>28</b> Family Swim Family SoftPlay <b>No Youth classes</b>	<b>29</b> <b>CLOSED</b> <b>MEMORIAL DAY</b>	<b>30</b> Family Swim	<b>31</b> Family Swim	<b>Kinder Camp in Mamaroneck</b> Grand opening special Register for at least 2 weeks and get 1 week		

**BEST SUMMER EVER! Spots available in Kinder Camp (Mamaroneck), Discovery, STEAM & Adventure Camps - Register at [ryeycamp.org](http://ryeycamp.org)**

**FAMILY GYM TIMES** Reservations required

Friday:	6:00-7:00pm	Family Basketball
Saturday:	12:00-4:00pm	Family Basketball
	2:30-6:00pm	Soft Play
Sunday:	1:00-6:00pm	Familiiy Basketball

**FAMILY SWIM TIMES - reservations required at [www.ryeymca.org](http://www.ryeymca.org)**

Monday:	10-11 am, 12-3pm
Tuesday:	11:15am-3pm
Wednesday:	12:15pm-1 pm & 2-3pm
Thursday:	12-3pm
Friday:	10-11 am, 12-3pm, 6-8pm
Saturday:	3:00-5:50pm
Sunday:	9:00-9:50am & 2:00-5:50pm

Please see Memorial Day weekend schedule online  
Located in Pa Cope pool unless otherwise indicated.



**MAY SCHEDULE/ACTIVITIES FOR TEENS & TWEENS -Reserve in advance at [www.ryeymca.org](http://www.ryeymca.org)**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	WEEKEND
Download our new RyeY app to reserve your spot - up to 73 hours in advance. Search for Rye Y in your app store on your device.	<b>2:30-3:30 pm</b> Teen/Tween Open Gym Gym 1		<b>2:15 - 3:30 pm</b> Teen/Tween Open Gym Gym 1	<b>2:15 - 3:15 pm</b> <b>7:00-9:00 pm</b> Teen Open Gym	<b>Sat: 4:00-6:00 pm</b> <b>Sun: 4:00-6:00pm</b> Teen/Tween Open Gym

**6:00-7:00pm**  
MS Open Basketball

**THERE IS STILL TIME TO REGISTER FOR ADVENTURE CAMP!**

Grades 6-9

The Teen Adventure Camp is designed for campers who like to be on the go! Campers will be off-site just about every day enjoying a variety of great summer destinations. Water parks, camp-outs, amusement parks, baseball games, NYC attractions, science centers are just a few of the summer's highlights.



**REGISTER NOW**

**Teen Night**

**Real Life Mario Kart**

Saturday, May 13 - 7-9 pm

Members: FREE; Youth: FREE; Non-Members: FREE

Please register online



Scan to register

**Teen Leaders Club**

Please contact [edwinsantos@ryeymca.org](mailto:edwinsantos@ryeymca.org) for more information.

**The Teen Fitness Passport Card and  
Teen Fitness Center Usage**

The Fitness Center is available to Teens 15+ years. Teens 14 years old who complete one of the pre-requisites described below are given a waiver to this rule, called the **Teen Passport Card**.

This card allows those 14 year olds full use of the Fitness Center. In order to earn their own Teen Passport Card, teens must complete one of the following, guaranteeing their competence, adherence to safety and knowledge of equipment. Teens are expected to follow all Fitness Center rules and the Member Code of Conduct.

- **Teen Strength & Conditioning**
- **Personal Training Passport Program (see below)**

**View the program guide for details at [www.ryeyca.org](http://www.ryeyca.org)**  
Contact: [diana@ryeymca.org](mailto:diana@ryeymca.org)