



FIRST FAMILY FRIDAY

Cat in the Hat

March 3, 6:30-7:30pm

Every 1st Friday of the month, we invite your family to join us for an evening activity with themed crafts, activities, snacks and fun. Registration required.

Family: FREE; Youth: \$ 16; Non-Member: \$30 (per family)

Questions: EdwinSantos@ryeymca.org

ACTIVE FAMILY FRIDAY

NERF NIGHT

March 10, 6:30-7:30pm

Family participation required.

Family: \$25; Youth: \$30; Non-Member: \$35 (Rates per family)

PARENTS NIGHT OUT

March 17, 6:30-9:00pm

Enjoy a night out while we provide a light dinner and a safe and fun environment! Registration is required

Ages 1-5

Storybook Activity:

"There Was an Old Lady Who Swallowed a Clover"

Ages 6 and up

St. Patrick's Day Fun

Family: \$35/child; Youth: \$47/child;

RYE Y's NEW NURSERY SCHOOL

GRAND OPENING SPECIAL

Register now for Fall 2023 and receive first month FREE!



JOIN US FOR FREE BABY & ME CLASSES

Dawny Dew – ages 9 mos & up

Soft play, circle time, music and fun!

Thurs: March 2 and 23, 12:30-1:10pm

Sports w/ Coach Omar-ages 18 mos & up

Thurs: March 9, 12:30-1:10pm

@ the Rye YMCA Nursery School

122 Fenimore Road, Mamaroneck

RSVP Kristen@ryeymca.org

RYE Y FAMILY TIME: MARCH 2023 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
New - Kinder Camp at Rye Y Nursery School in Mamaroneck Grand opening special: Register for at least 2 weeks - get 1 week FREE		BEST SUMMER EVER!	1 Family Swim Non-Member Camp Registration Starts	2 Family Swim FREE Dawny Dew class Read across America Day	3 Family Swim Family BBall First Family Friday	4 Family Swim Family SoftPlay Family BBall
5 Family Swim Family SoftPlay	6 Family Swim	7 Family Swim	8 Family Swim	9 Family Swim FREE Coach Omar class	10 Family Swim Family BBall Active Family Friday	11 Family Swim Family SoftPlay Family BBall
12 Family Swim Family SoftPlay	13 Family Swim	14 Family Swim	15 Family Swim	16 Family Swim	17 Family Swim Family BBall Parents Night Out	18 Family Swim Family SoftPlay Family BBall
19 Family Swim Family SoftPlay	20 Family Swim	21 Family Swim	22 Family Swim	23 Family Swim FREE Dawny Dew class	24 Family Swim Family BBall Fun Club	25 Family Swim Family SoftPlay Family BBall
26 Family Swim Family SoftPlay	27 Family Swim	28 Family Swim	29 Family Swim	30 Family Swim	SAVE THE DATE: Rye Derby and Healthy Kids Day Sunday, April 30 9am-noon April 1 - Easter Egg Hunt in Pa Cope Pool!	

FAMILY SWIM TIMES - reservations required at www.ryeymca.org

- Monday: 12-3pm
- Tuesday: 11:15am-3pm
- Wednesday: 12pm-1pm & 2-3pm
- Thursday: 11:15-3pm
- Friday: 12-8pm
- Saturday: 3:00-5:45pm
- Sunday: 9:00-9:50am & 2:00-2:45pm




Located in Pa Cope pool unless otherwise indicated.

FAMILY GYM TIMES Reservations required

- Friday: 6:00-7:00pm Family Basketball
- Saturday: 12:00-4:00pm Family Basketball
- 2:30-6:00pm Soft Play
- Sunday: 12:00-6:00pm Soft Play

PLEASE TURN OVER TO VIEW TEEN/TWEEN SCHEDULE.

MARCH SCHEDULE/ACTIVITIES FOR TEENS & TWEENS -Reserve in advance at www.ryeymca.org

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	WEEKEND
Scan QR code to reserve your spot - up to 48 hours in advance 	1:45-3:15 pm Teen/Tween Open Gym Gym 1		2:30 - 3:15 pm Teen/Tween Open Gym Gym 1	2:15 - 3:15 pm 7:00-9:00 pm Teen Open Gym	Sat: 4:00-6:00 pm Sun: 4:00-6:00pm Teen/Tween Open Gym
6:00-7:00pm Teen Gym Time					

Teen Night

March Madness

Saturday, March 11 - 7-9 pm

Members: FREE; Youth: \$7; Non-Members: \$12

Please register online



Scan to register

Teen Leaders Club

Please contact edwintosantos@ryeymca.org for more information.

The Teen Fitness Passport Card and Teen Fitness Center Usage

The Fitness Center is available to Teens 15+ years. Teens 14 years old who complete one of the pre-requisites described below are given a waiver to this rule, called the **Teen Passport Card**.

This card allows those 14 year olds full use of the Fitness Center. In order to earn their own Teen Passport Card, teens must complete one of the following, guaranteeing their competence, adherence to safety and knowledge of equipment. Teens are expected to follow all Fitness Center rules and the Member Code of Conduct.

- **Teen Strength & Conditioning**
- **Teen Fitness Clinic**
- **Personal Training Passport Program (see below)**

View the program guide for details at www.ryeyca.org

Contact: diana@ryeymca.org