



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Gymnastics Instructor

Under the supervision of Sr. Program Director of Sports, Recreation & Teens, the Gymnastics Instructor level 3 is responsible for assisting in program curricula and coordination within the Gymnastics Department, including Pre School, Progressive, Pre-Team and Team Gymnastics, with an emphasis on safety and participant/member satisfaction.

### ESSENTIAL FUNCTIONS:

1. Provide direct leadership and participation and instruction to gymnastics participants in association with the Gymnastics Director, other Gymnastics Instructors and Assistants.
2. Coaches all levels of team and is able to fill in as a supervisor if Athletic Director or Gymnastics Director is not available.
3. Ability to assist the Director of Sports & Recreation / Gymnastics Head Coach with administrative duties pertaining to gymnastics programs.
4. Manage and tracking class attendance records.
5. Participate in set up and maintain class equipment use and configuration, and be accountable for housekeeping in the gymnasium, gym closet, and gymnastics cabinet.
6. Leadership in supervising children before, during and after the class.
7. Cooperate with Director of Sports & Recreation, Gymnastics Head Coach, and instructors to execute class lesson plans, progressive and team training routines, and overall gymnastics class routine.
8. Project a positive and enthusiastic image on the job at all times, to include wearing YMCA-labeled gear every day.
9. Cultivate strong working relationships with YMCA members, staff, participants and families.
10. Be a resource to the department for the identification and employment of gymnastics staff and volunteers.
11. Attend and participate in all mandatory staff training and meetings.
12. Interpret the YMCA as a membership organization. Represent the YMCA positively and maintain relationships with program participants and families.

### QUALIFICATIONS:

- Active Listening Skills
- Relationship Building Abilities
- Character Traits: Proactive, self-directed, attentive, solution-oriented, dependable, multi-task orientated, effective communication skills and ability to develop effective working relationships.
- Ability to respond to safety and emergency situations
- Education level equivalent to 4 years of high school
- Coaching experience equivalent to 1-3 years
- Ability to manage classes and lead staff

### PHYSICAL DEMANDS

Sufficient strength, agility and mobility to perform essential functions and to supervise program activities in a wide variety of indoor and outdoor locations.