



Rye YMCA Open Gym Schedules

September 11 – November 12, 2021

GYM 1 – Front Court

BASKETBALL 16 & UP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:30am 11:30am-1:30pm 8:00-10:00pm ADULT BBALL	5:30am-8:30am 12:00pm-2:00pm 8:00pm-10:00pm 35 & UP ADULT BBALL	5:30am-9:15am 11:30am-1:15pm 8:00pm-10:00pm Adult OPEN SOCCER	5:30am-8:30am 12:00pm-1:00PM 8:30pm-10:00pm OPEN PICKLEBALL	5:30am-8:30am 12:00pm-1:00PM	7:00AM-8:30AM	8:00am-9:15am

FAMILY BASKETBALL- FAMILY MEMBERSHIP REQUIRED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				6:00pm-8:00pm FAMILY BBALL	12:00-3:00pm FAMILY BBALL	3:00-6:00PM

TEEN GYM TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2:15-3:15pm 6:00pm-8:00pm MS open BBALL	2:15-3:15pm age 11 & up		2:15-3:15PM age 11 & up	2:15-3:15pm 8:00pm-10:00pm HS OPEN BBALL	3:00-6:00PM age 11 & up	

GYM 2 – Back Court

BASKETBALL 16 & UP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00pm-10:00pm ADULT BBALL	8:00pm-10:00pm 35&UP ADULT BBALL	8:30pm-10:00pm ADULT OPEN SOCCER	8:00pm-10:00pm ADULT BBALL			8:00am-9:15am

FAMILY BASKETBALL / FAMILY SOFT PLAY- FAMILY MEMBERSHIP REQUIRED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1:30pm-3:30pm SOFT PLAY 4:00-6:00 FAMILY BBALL	

TEEN GYM TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				8:30pm-10:00pm HS OPEN BBALL		3:00-6:00

See back of schedule for gym rules and procedures. Schedule subject to change without notice

MASKS ARE REQUIRED FOR ALL.

Reservations required – www.ryeymca.org up to 48 hours in advance

RYE YMCA GYM RULES

GENERAL BASKETBALL RULES

1. Open to members ages 16 & up*
2. No food or drink in the gym (plastic water bottles are permitted)
3. Only athletic shoes on the gym floor
4. Gymnastics equipment and Gym Closet are off limits
5. Please put basketballs back on the rack when you are done playing

BASKETBALL GAME RULES

1. Full court games play to 11 points, win by 2
2. Field goals worth 1 point, beyond the arc worth 2 points, no free throws
3. Call your own fouls on offense. Respect the calls
4. If two or more teams are waiting, games play to 9, do not have to win by 2
5. With two or more teams waiting, any team that wins by three games in a row gives up the floor. Next two teams play. Three game winner plays after any waiting teams and before losing teams
6. Adult basketball is for members 18 & up*
7. 35 & up basketball is for members age 35 & up*
8. Teen Gym Time is for ages 12-17*

Family Basketball/Family Soft Play - Family Membership required

1. Please respect the authority of the gym supervisor
2. Parents must stay with your children at all times
3. Please be considerate of yourself and others
4. Please use sports equipment for its intended purpose

The Rye Y reserves the right to modify the rules at its discretion to ensure the safety of all members, guests and staff. Participants may be asked to leave the gym for inappropriate behavior or disrespect of the rules.

MASKS ARE REQUIRED FOR ALL.